St Martin Surgery joins Longitude as a Jersey partner practice

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Archipelago Health has appointed St Martin Surgery as a Longitude partner practice in Jersey. Patients of the practice can now have Longitude metabolomic screening arranged through their own GP, at either of its two sites, with the sample taken at the practice and the result discussed in a follow-up consultation with a doctor who already knows them.

What Longitude measures

Longitude is built on the Nightingale Health Check. A single blood sample is analysed by nuclear magnetic resonance, reading an extensive panel of clinically validated metabolic markers from one draw. From that profile the report returns ten-year risk estimates for five conditions – heart attack, ischaemic stroke, type 2 diabetes, chronic kidney disease and fatty liver disease – alongside Metabolic Age.

Why it matters

The value of the test lies in what conventional screening cannot yet see. Metabolic risk can be elevated for years before cholesterol, blood pressure or blood sugar move outside the normal range. Longitude is designed to find that pattern while there is still time to change course. A result is a case-finding signal: it prompts conventional assessment and a conversation about modifiable risk. It is not a diagnosis, and it does not replace the screening a clinician would otherwise carry out.

The evidence behind it

The methodology is published. The Nightingale Health Biobank Collaborative Group study in Nature Communications (2024) developed and tested these models in 700,217 participants across the UK Biobank, the Estonian Biobank and the Finnish THL Biobank. The platform carries a CE mark: the blood values under the European In Vitro Diagnostic Medical Devices Directive 98/79/EC, and the disease risk assessments under the European Medical Device Regulation 2017/745.

Dr Daniel Albert, Director, St Martin Surgery

“At St Martin Surgery we look after people over years rather than appointments, and much of general practice is trying to find a problem while there is still something useful to be done about it. Longitude fits that. It reads a pattern of metabolic risk from a single blood sample, often well before anything shows up in the tests we already run.

What matters to us is what happens next. A result is not an answer on its own. It is a prompt for a proper conversation about risk and about the things a person can actually change, and being able to have that conversation earlier, with their own GP, is the part we are most pleased about.”

Dr Jeff MacLeod, Founder, Archipelago Health

“Phil Terry and Daniel Albert run a practice built on continuity, and that is exactly what a test like this needs. The result is worth only as much as the consultation that follows it, and at St Martin that conversation happens with a doctor who already knows the patient.”

About St Martin Surgery

St Martin Surgery is a Jersey general practice working from two sites, La Vielle Ecole in St Martin and Charles Bisson House on New Street in St Helier. The practice provides personalised, patient-centred general medical care to families across the east of the island and in town, with an emphasis on continuity: patients see doctors who know them and their history.

The practice takes a proactive view of health, and offers Longitude alongside the screening and chronic-disease care it already provides. Reception 01534 500090.

About Archipelago Health

Archipelago Health Holdings Limited is a Jersey company distributing the Nightingale Health Check across the Crown Dependencies and the Caribbean under the Longitude brand, launching in Jersey this November.

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