The Wellbeing Co joins Longitude as a Jersey partner provider

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Archipelago Health has appointed The Wellbeing Co as a Longitude partner provider in Jersey. Clients of The Wellbeing Co can now add Longitude metabolomic screening to the health assessments they already receive, both in clinic and at onsite corporate health check days.

What Longitude measures

Longitude is built on the Nightingale Health Check. A single blood sample is analysed by nuclear magnetic resonance, reading an extensive panel of clinically validated metabolic markers from one draw. From that profile the report returns ten-year risk estimates for five conditions – heart attack, ischaemic stroke, type 2 diabetes, chronic kidney disease and fatty liver disease – alongside Metabolic Age.

Why it matters

The value of the test lies in what conventional screening cannot yet see. Metabolic risk can be elevated for years before cholesterol, blood pressure or blood sugar move outside the normal range. Longitude is designed to find that pattern while there is still time to change course. A result is a case-finding signal: it prompts conventional assessment and a conversation about modifiable risk. It is not a diagnosis, and it does not replace the screening a clinician would otherwise carry out.

The evidence behind it

The methodology is published. The Nightingale Health Biobank Collaborative Group study in Nature Communications (2024) developed and tested these models in 700,217 participants across the UK Biobank, the Estonian Biobank and the Finnish THL Biobank. The platform carries a CE mark: the blood values under the European In Vitro Diagnostic Medical Devices Directive 98/79/EC, and the disease risk assessments under the European Medical Device Regulation 2017/745.

Lisa McCabe, Founder, The Wellbeing Co

“I’ve always believed that healthcare should be about more than understanding where our health stands today. It should be about recognising where we may be heading and what we can do now to influence that journey. Through my work in preventative health screening, I see first-hand the value of early intervention. But traditional screening only tells part of the story. Someone can have reassuring results today without necessarily understanding their longer-term health risks.

Our partnership with Archipelago Health allows us to take preventative healthcare a step further. By combining our existing health assessments with Longitude’s advanced health intelligence, we can offer clients a more comprehensive picture of their health, identify potential risks earlier and support meaningful, evidence-based changes. For me, the future of healthcare isn’t simply about identifying illness earlier. It’s about understanding risk, supporting prevention and giving people the knowledge to influence their long-term health.”

Dr Jeff MacLeod, Founder, Archipelago Health

“Lisa already runs a serious screening operation in Jersey, in her clinic and inside island businesses, with the governance to match. Longitude adds a layer her clients cannot get anywhere else on the island, and she will sit down and work a result through with the person in front of her.”

About The Wellbeing Co

Founded by Lisa McCabe, The Wellbeing Co is a Jersey-based preventative healthcare and occupational health business, combining evidence-based health screening, occupational health services and therapeutic support. Working with individuals and organisations across the island, The Wellbeing Co focuses on early identification of health risks, personalised preventative strategies and practical interventions that support long-term health.

Through investment in point-of-care diagnostics, emerging health technologies and collaboration with medical professionals, The Wellbeing Co is developing a more connected approach to preventative healthcare, helping people better understand their health and access the right support at the right time. the-wellbeing-co.com

About Archipelago Health

Archipelago Health Holdings Limited is a Jersey company distributing the Nightingale Health Check across the Crown Dependencies and the Caribbean under the Longitude brand, launching in Jersey this November.

archipelagohealth.org · For more information: enquiries@archipelagohealth.org